

# Joseph R. Lynch, MD, FAOA, FAAOS

8854 W Emerald Street, Suite 102  
Boise, Idaho 83704

Email: [lynch@post.harvard.edu](mailto:lynch@post.harvard.edu)  
(208) 323 4747

Partner, The Shoulder Clinic of Idaho  
Affiliate Faculty, Idaho State University  
Former Associate Professor of Surgery  
Uniformed Services University of the Health Sciences  
Fellow American Orthopaedic Association & American Academy of Orthopedic Surgeons  
Board-Certified Orthopedic Surgeon, Fellowship-Trained Shoulder & Elbow Surgeon  
Certificate of Added Qualification Sports Medicine

## EDUCATION

### UNIVERSITY OF WASHINGTON

2002 – 2008  
Seattle, WA

- **Fellowship:** Shoulder & Elbow Surgery  
- Department of Orthopedics & Sports Medicine (2007-2008)
- **Residency:** Orthopedic Surgery  
- Department of Orthopedics & Sports Medicine (2003-2007)
- **Internship:** General Surgery  
- Department of General Surgery (2002-2003)
- **Honors:**
  - Frank B. Smith Resident Research Award, 2003
  - Orthopedic Rehabilitation Association Research Award, 2005
  - Frank B. Smith Resident Research Award, 2005
  - American Journal of Orthopedics Resident Writer's Award, 2006
  - Victor Frankel Basic Science Research Award, 2006
  - Frank B. Smith Resident Research Award, 2006
  - Ruth Jackson Orthopedic Society Resident Research Award, 2007
  - Esther Whiting Research Award, 2007
  - Victor Frankel Basic Science Research Award, 2007

### OREGON HEALTH SCIENCES UNIVERSITY

1998 – 2002  
Portland, OR

- **Degree:** M.D., *Summa Cum Laude*
- **GPA:** 4.00

**EDUCATION**  
(continued)

**OREGON HEALTH SCIENCES UNIVERSITY**

1998 – 2002  
Portland, OR

- **Activities/Organizations:**
  - AOA, OHSU Chapter, Vice President
  - OHSU Alumni Association Executive Board, Board Member
  - Oregon Medical Association Board of Trustees, Board Member
  - Military Medical Student Association, OHSU Chapter, Founder & President
  - Armed Forces Health Professions Scholarship Program, Lieutenant, MC, USNR
  
- **Honors:**
  - Junior AOA
  - Gerlinger Research Award
  - OHSU Academic Excellence Award
  - Robert F. Miller Foundation Award
  - Merck Award for Academic Excellence
  - Dean's Recognition Award

**HARVARD UNIVERSITY**

1994 – 1998  
Cambridge, MA

- **Degree:** A.B., *Magna Cum Laude* with High Honors
  - Environmental Science & Public Policy
  
- **GPA:** 3.72
  
- **Activities/Organizations:**
  - Varsity Football (Division I-AA): Free-safety & cornerback
  - ARTS First Executive Board: Student-athlete & ROTC representative
  
- **Honors:**
  - John Harvard Scholar of Highest Academic Achievement Award
  - Harvard College Scholar Award
  - Harvard Faculty of Arts and Sciences Scholar Award
  - Blumberg Creative Science Award

## EDUCATION (continued)

### MASSACHUSETTS INSTITUTE OF TECHNOLOGY

1994 – 1998  
Cambridge, MA

- **Course of Study:** Naval Science
- **GPA:** 3.90
- **Naval Reserve Officers Training Corps – Offices held:**
  - Battalion Executive Officer, 1998  
Commanded 150 midshipmen from MIT/Harvard/Tufts NROTC Consortium
  - Academic Officer, 1997
  - Recruiting Officer, 1996
  - Assistant Operations Officer, 1995
- **Honors:**
  - Naval ROTC Admiral’s Scholar
  - American Legion Award for Academic Excellence
  - NROTC Performance Award
  - Navy League of the United States – Most Outstanding Midshipman

## LICENSURE

- **Medical Licensure:** Unrestricted, physician and surgeon
  - MD00047517 (Washington)
  - MD150231 (Oregon)
  - M-12678 (Idaho)
  - C130493 (California – retired 4/14/16)

## CERTIFICATION

- **American Board of Orthopaedic Surgery:** 31 December 2030
  - Board Certified in Orthopaedic Surgery
  - Certificate of Added Qualification (CAQ) in Sports Medicine

## CERTIFICATION (continued)

- **American Board of Orthopaedic Surgery:** 31 December 2030
  - Part 1, July 2007 = Passed; 249 raw score; (99th percentile)
  - Part 2, July 2010 = Passed; (numerical scores not given)
  - Sports Medicine Subspecialty Examination, October 2013 (98th percentile)
  - Re-certification Combined Orthopaedic Surgery & Sports Medicine Subspecialty Examination, October 2018 (93rd percentile)
  
- **U.S. Medical Licensing Examination:** Passed
  - Step 1, June 2000 = 257 raw score; (99th percentile)
  - Step 2, Sept 2001 = 255 raw score; (96th percentile)
  - Step 3, June 2003 = 241 raw score; (97th percentile)

## PROFESSIONAL DEVELOPMENT & CERTIFICATION COURSES

- Basic Life Support, 2016
- AOA Emerging Leaders Program, 2013
- Combat Extremity Surgical Course, 2011
- AOA Emerging Leaders Program, 2010
- AAOS/OREF/ORS Clinician Scientist Development Program, 2006
- AOA/OREF Resident Leadership Forum, 2006
- AO ASIF Basic Trauma Course, 2005
- Advanced Cardiac Life Support, 2002

## HOSPITAL PRIVILEGES

- |                 |   |  |
|-----------------|---|--|
| 2016 – Present  | • | <b>Treasure Valley Hospital.</b> Boise, Idaho  |
| 2016 – Present  | • | <b>St. Luke’s Health System.</b> Meridian, Idaho.  |
| 2016 – Present  | • | <b>Saint Alphonsus Regional Medical Center.</b> Boise, Idaho.                            |
| 2/2016 – 6/2016 | • | <b>Naval Hospital Camp Pendleton.</b> Department of Orthopaedics, Oceanside, California. |

## HOSPITAL PRIVILEGES

(continued)

- 2011 – 2016 • **Naval Medical Center San Diego.** Department of Orthopaedics, San Diego, California.
- 2011 – 2016 • **Oasis Surgery Center.** San Diego, California.
- 2011 – 2016 • **San Diego Sports and Minimally Invasive (SMI) Surgery Center.** San Diego, California.
- 2012 – 2013 • **Landstuhl Regional Medical Center.** Department of Orthopaedics, Landstuhl, Germany.
- 2008 – 2011 • **Naval Hospital Bremerton.** Department of Orthopaedics, Bremerton, Washington.
- 2009 & 2011 • **Naval Hospital Oak Harbor.** Visiting staff surgeon, Department of Orthopaedics, Oak Harbor, Washington.
- 2002 – 2008 • **University of Washington Medical Center.** Department of Orthopaedics & Sports Medicine, Seattle, Washington.

## FACULTY APPOINTMENTS

- 2017 – Present • **Affiliate Faculty.** Physician assistant studies, Idaho State University, Pocatello, Idaho.
- 2016 – 2018 • **Associate Professor of Surgery.** Department of Surgery, Uniformed Services University of the Health Sciences (USUHS), Bethesda, Maryland.
- 2013 – 2016 • **Director.** Division of Sports Medicine & Shoulder Surgery. Department of Orthopaedics, Naval Medical Center San Diego, San Diego, California.
- 2014 – 2016 • **Voluntary Assistant Clinical Professor.** Department of Orthopaedic Surgery, University of California, San Diego, Health Sciences, San Diego Califro

## FACULTY APPOINTMENTS

(continued)

- 2011 – 2015 • **Assistant Professor of Surgery.** Department of Surgery, Uniformed Services University of the Health Sciences (USUHS), Bethesda, Maryland.
- 2/2012 – 7/2012 • **Interim Director.** Division of Sports Medicine & Shoulder Surgery. Department of Orthopaedics, Naval Medical Center San Diego, San Diego, California.
- 2009 – 2012 • **Affiliate Instructor.** Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine, Seattle, Washington.
- 2009 – 2011 • **Orthopaedic GME Coordinator.** Family Practice Residency Program, Naval Hospital Bremerton.
- 2007 – 2008 • **Acting Instructor.** Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine, Seattle, Washington.

## COMMITTEE APPOINTMENTS

- Sept-Oct, 2018 • **American Orthopaedic Association**  
- Abstract Review Taskforce
- 2016 – 2018 • **American Shoulder and Elbow Surgeons**  
- Education Committee
- 2012 – 2016 • **Patient Relations Advisory Board**  
- Surgical Services Representative & Board Member  
- Naval Medical Center San Diego, San Diego, CA.
- 2009 – 2011 • **Medical Records Committee**  
- Chairman  
- Naval Hospital Bremerton, Bremerton, Washington.
- 2009 – 2011 • **Executive Committee of the Medical Staff**  
- Surgical Services Representative & Board Member  
- Naval Hospital Bremerton, Bremerton, Washington.
- 2009 – 2011 • **Graduate Medical Education Committee**  
- Orthopaedic GME Coordinator & Board Member

## COMMITTEE APPOINTMENTS

(continued)

- Family Practice Residency Program, Naval Hospital Bremerton, Bremerton, Washington.

## EDITORIAL/REVIEWER ACTIVITIES

- 2015 – Present • **Journal of Shoulder and Elbow Surgery:** Active reviewer
- 2014 – Present • **American Journal of Sports Medicine:** Active reviewer
- 2012 – Present • **Orthopedics:** Active reviewer
- 2010 – Present • **Clinical Orthopaedics & Related Research:** Active reviewer

## COURSE FACULTY

- June 19-22, 2019  
San Diego, CA • **San Diego Shoulder Institute’s 36<sup>th</sup> Annual Meeting**  
- Course Faculty
  - Shoulder Arthroplasty Cadaver Lab, 19 June 2018
  - Case presentation: Young Athlete with traumatic instability and 10% glenoid bone loss, 20 June 2018
  - Case outcome: Young Athlete with traumatic instability and 10% glenoid bone loss, 20 June 2018
  - Panel Discussion: Instability - Anterior instability in the young athlete, 20 June 2018
- June 14, 2019  
Portland, OR • **OHSU Orthopedic Residency Shoulder Arthroplasty Lab**  
- Faculty Instructor
  - Anatomic and reverse Total Shoulder Arthroplasty
- Sept 14-15, 2018  
Parsippany, NJ • **Fellows Bioskills Course: Continuum of Care in the Shoulder. Zimmer Biomet.**  
- Faculty Instructor: Sports Medicine Upper Extremity
  - “Impingement syndrome: A spectrum of disease”
  - “Shoulder instability: The essentials”

## COURSE FACULTY

(continued)

- June 20-23, 2018 • **San Diego Shoulder Institute's 35<sup>th</sup> Annual Meeting**  
San Diego, CA
  - Faculty Instructor
    - Arthroscopic skills session, 20 June 2018
    - Lab faculty assist, 22 June 2018
    - Assessor SCOI row, 22 June 2018
  
- April 20-21, 2018 • **Fellows Bioskills Course: Continuum of Care in the Shoulder. Zimmer Biomet.**  
Scottsdale, AZ
  - Faculty Instructor: Sports Medicine Upper Extremity
    - "Impingement syndrome: A spectrum of disease"
    - "Shoulder instability: The essentials"
  
- October 13-14, 2017 • **AOSSM Surgical Skills Course The Cutting Edge 2017: Arthroscopic and Open Techniques in the Athlete's Shoulder**  
Rosemont, IL
  - Faculty Instructor
    - "Iliac crest reconstruction of the shoulder", 13 October 2017
    - Panel member: "Cases in the Shoulder that taught me something", 14 October 2017
  
- June 22-25, 2016 • **San Diego Shoulder Institute's 33<sup>rd</sup> Annual Meeting**  
San Diego, CA
  - Faculty Instructor
    - Arthroscopic skills session, 22 June 2016
    - "FAST" system knot tying evaluation, 23 June 2016
    - Arthroscopy/Latarjet cadaver lab, 24 June 2016
  
- October 5-7, 2015 • **British Orthopaedic Association Travelling Fellow Host - Jeremy Granville-Chapman, MBBS, MD, FRCS (Tr&Ortho)**  
San Diego, CA
  - Host 2015 BOA Ram Kumar Chatterjee upper extremity fellow
    - Coordinated shoulder arthroplasty cadaveric lab, clinical and operative experience concerning primary and revision shoulder cases, and didactic lectures regarding the same.
  
- June 17-20, 2015 • **San Diego Shoulder Institute's 32<sup>nd</sup> Annual Meeting**  
San Diego, CA
  - Faculty Instructor
    - Arthroscopic skills session, 17 June 2015
    - Arthroscopy/Latarjet cadaver lab, 19 June 2015
    - Personalized instructional cadaver lab float, 19 June 2015



## **COURSE FACULTY**

(continued)

- February 06, 2015  
San Diego, CA • **Thirty-second Annual Malcolm B. Coutts Visiting Professorship, San Diego Orthopaedic Society**
  - Panel Member
    - Session II – Sports injuries
  
- June 18-21, 2014  
San Diego, CA • **San Diego Shoulder Institute’s 31<sup>st</sup> Annual Meeting**
  - Faculty Instructor
    - Arthroscopic cadaver lab, 20 June 2014
  
- January 24, 2014  
San Diego, CA • **Thirty-first Annual Malcolm B. Coutts Visiting Professorship, San Diego Orthopaedic Society**
  - Panel Member
    - What’s new in Sports Medicine: ACL, rotator cuff, & concussion
  
- June 12-15, 2013  
San Diego, CA • **San Diego Shoulder Institute’s 30<sup>th</sup> Annual Meeting**
  - Faculty Instructor
    - Arthroscopic cadaver lab, 14 June 2013
    - Arthroplasty cadaver lab, 14 June 2013
  
- June 20-23, 2012  
San Diego, CA • **San Diego Shoulder Institute’s 29<sup>th</sup> Annual Meeting**
  - Faculty Instructor
    - Arthroscopic skills lab, 20 June 2012
    - Arthroscopy cadaver lab, 22 June 2012
    - Arthroplasty cadaver lab, 22 June 2012
    - Arthroplasty cadaver lab, 23 June 2012
  
- May 16, 2012  
San Diego, CA • **NMCSO/UCSD Resident Research Symposium**
  - Program Chairman
  
- Dec 13 - 16, 2011  
San Diego, CA • **Society of Military Orthopaedic Surgeons, 53<sup>rd</sup> Annual Meeting**
  - Moderator, Instructional Course Lecture
    - What’s the latest and greatest: Optimizing surgical outcomes in the elite warrior through surgical techniques and technology.
  
- Dec 13 - 16, 2011  
San Diego, CA • **Society of Military Orthopaedic Surgeons, 53<sup>rd</sup> Annual Meeting**
  - Moderator, General Scientific Session: Sports & upper extremity.
  - Moderator, Instructional Course Lecture
    - A joint like no other: Diagnosis and challenges of common problems in elbow surgery.

## COURSE FACULTY

(continued)

- Sept 26 - 30, 2010 • **2010 ABC Arthroscopy Workshop**  
Tracy, CA  
- Course Instructor  
- Department of Orthopaedics & Sports Medicine, University of Washington.

## PEER-REVIEWED PUBLICATIONS

- McNeil JW, Beaulieu-Jones BR, Bernhardson AS, LeClere LE, Dewing CB, **Lynch JR**, Sanchez G, Gross D, Provencher MT. Classification and analysis of attritional glenoid bone loss in recurrent anterior shoulder instability. *The American Journal of Sports Medicine*. 2017;45(4): 767-774.
- McDonald LS, Waltz RA, Carney JR, Dewing CB, **Lynch JR**, Asher DB, Schuett DJ, LeClere LE. Validation of varus stress radiographs for anterior cruciate ligament and posterolateral corner knee injuries: A biomechanical study. *The Knee*. 2016;23(6): 1064-1068.
- Eakin JL, Bailey JR, Dewing CB, **Lynch JR**, Provencher MT. Subpectoral Biceps Tenodesis. *Operative Techniques in Sports Medicine*. 2012;20(3):244-252.
- Olson S, Clinton JM, Working Z, **Lynch JR**, Warme WJ, Womack W, Matsen FA. Thermal effects of glenoid reaming during shoulder arthroplasty in vivo. *Journal of Bone and Joint Surgery (Am)*. 2011;93:11-19.
- Scheffel PT, Clinton J, **Lynch JR**, Warme WJ, Bertelsen AL, Matsen FA. Glenohumeral chondrolysis: A systematic review of 100 cases from the English language literature. *Journal of Shoulder and Elbow Surgery*. 2010;19(6):944-949.
- **Lynch JR**, Clinton JM, Dewing CB, Warme WJ, Matsen FA. Treatment of osseous defects associated with anterior shoulder instability. *Journal of Shoulder and Elbow Surgery*. 2009;18(2):317-328.

## PEER-REVIEWED PUBLICATIONS

(continued)

- Clinton JM, Warne WJ, **Lynch JR**, Lippitt SE, Matsen FA. Shoulder hemiarthroplasty with non-prosthetic glenoid arthroplasty: The ream and run procedure. *Techniques in Shoulder and Elbow Surgery*. 2009;10(1):43-52.
- Taitsman LA, **Lynch JR**, Agel J, Barei DP, Nork SE. Risk factors for femoral nonunion after femoral shaft fracture. *Journal of Trauma*. 2009;67(6):1389-1392.
- **Lynch JR**, Waitayawinyu T, Hanel DP, Trumble TE. Medial collateral ligament injury in the overhand-throwing athlete. *Journal of Hand Surgery (Am)*. 2008;33(3):430-437
- Matsen FA, Clinton JC, **Lynch JR**, Bertlesen A, Richardson M. Glenoid component failure in total shoulder arthroplasty. *Journal of Bone and Joint Surgery (Am)*. 2008;90(4):885-896.
- **Lynch JR**, Taitsman LT, Barei DP, Nork SE. Femoral nonunion: Risk factors and treatment options. *Journal of the American Academy of Orthopaedic Surgeons*. 2008;16(2):88-97.
- **Lynch JR**, Franta AK, Montgomery WH, Lenters TR, Mounce D, Matsen FA. Self-assessed outcome at two to four years after shoulder hemiarthroplasty with concentric glenoid reaming. *Journal of Bone and Joint Surgery (Am)*. 2007;89(6):1284-1292.
- **Lynch JR**, Cunningham MR, Warne WJ, Schaad DC, Wolf FM, Leopold SS. Commercially-funded and U.S. based research more likely to be published; good-quality negative studies are not. *Journal of Bone and Joint Surgery (Am)*. 2007;89(5):1010-1018.
- **Lynch JR**, Jenkins MV, Smith DG, Bellabarba C. Bilateral exercise-induced compartment syndrome of the thighs and legs resulting in massive heterotopic ossification. *Journal of Bone and Joint Surgery (Am)*. 2006;88(10):2265-2269.
- **Lynch JR**, Schmale GA, Schaad DC, Leopold SS. Important demographic variables impact musculoskeletal knowledge and confidence of academic primary care physicians. *Journal of Bone and Joint Surgery (Am)*. 2006;88(7):1589-1595.

## PEER-REVIEWED PUBLICATIONS

(continued)

- **Lynch JR**, Gardner GC, Parsons RR. Musculoskeletal workload vs. musculoskeletal clinical confidence among primary care physicians in rural Oregon. *American Journal of Orthopedics*. 2005;34(10):487-491.
- **Lynch JR**, Hansen JE, Chaffoo R, Seyfer AE. The lower trapezius musculocutaneous flap revisited: Reconstruction based on the deep branch of the transverse cervical artery. *Plastic and Reconstructive Surgery*. 2002;109:444-450.

## PEER-REVIEWED ABSTRACTS

- McNeil JW, Bernhardson A, LeClere LE, Dewing C, **Lynch JR**, Gaston T, Provencher M. Classifying GBL: Severity and attrition. Is there enough bone to reconstruct the glenoid? *The Orthopedic Journal of Sports Medicine*. 2(7)(Suppl 2). 2014 AOSSM Annual Meeting Abstracts
- **Lynch JR**, Altenburg AJ, Jackman TE, Tatsumi R, Freiss M, Gulati R, Fiamengo S. Residual paralysis in the post-anesthesia care unit in patients receiving neuromuscular blocking agents intraoperatively. *Journal of Investigative Medicine*. 2000;48:4A.

## ACKNOWLEDGEMENTS

- Emerson GB, Warme WJ, Wolf FM, Heckman JD, Brand RA, Leopold SS. Testing for the presence of positive-outcome bias in peer review: A randomized controlled trial. *Archives Internal Medicine*. 2010;170(21):1934-1939.

*“Additional Contributions: **Joseph R. Lynch, MD**, provided considerable help in the early design process and test manuscript creation”*

## GRANTS

2000 – 2002  
Portland, OR

- Gerlinger Research Grant: Reid JB, **Lynch JR**, Herzberg A, Orfaly R. Segmental analysis of capsular plastic deformation following anterior shoulder dislocation and repair: **Awarded \$14,500**.

## BOOK CHAPTERS & NON PEER-REVIEWED PUBLICATIONS

- **Lynch JR**,. CORR Insights: Are age and patient gender associated with different clinical improvement after reverse shoulder arthroplasty. *Clin orthop Relat Res*.2018;476;1274-1275.
- **Frank R, Loeffler B, Lynch J**. Elbow stiffness and contractures. <https://www.orthobullets.com/shoulder-and-elbow/3087/elbow-stiffness-and-contractures>. 2017-2018 ASES Education committee Orthobullets update project.
- **Day M, Loeffler B, Lynch J**. Elbow arthritis. <https://www.orthobullets.com/shoulder-and-elbow/3084/elbow-arthritis>. 2017-2018 ASES Education committee Orthobullets update project.
- **Yoon R, Loeffler B, Lynch J**. Osteochondritis Dissecans of Elbow. <https://www.orthobullets.com/shoulder-and-elbow/3085/osteochondritis-dissecans-of-elbow>. 2017-2018 ASES Education committee Orthobullets update project.
- Rosenthal MD, Moore JH, **Lynch JR**. Impingement syndrome. In: *Clinical Orthopaedic Rehabilitation: A Team Approach, 4th Edition*. Eds. Giangarra CE, Manske RC, & Brotzman. Elsevier, 2017.
- **Lynch JR**. Tears of the rotator cuff tendon. *Objective Medical Assessments Corporation: OMAC Educational Feature*. July 2014.
- **Lynch JR**. The stiff and painful shoulder. *Objective Medical Assessments Corporation: OMAC Educational Feature*. February 2013.
- **Lynch JR, Matsen FA**. Unsatisfactory outcomes of primary shoulder arthroplasty. In: *Revision and Complex Shoulder Arthroplasty*. Eds. Cofield RH & Sperling JW. Lippincott Williams & Wilkins., 2010.

## BOOK CHAPTERS & NON PEER-REVIEWED PUBLICATIONS

(continued)

- **Lynch JR.** Examination of the shoulder. *Objective Medical Assessments Corporation: OMAC Educational Feature.* March 2010.
- **Lynch JR.** Work related injuries of the elbow. *Objective Medical Assessments Corporation: OMAC Educational Feature.* February 2009.
- **Lynch JR,** Schmale GA, Schaad DC, Leopold SS. Knowing what our primary care providers need to know: Reply. *Journal of Bone and Joint Surgery (Am).* 2007;89(2):451.

## PEER-REVIEWED PRESENTATIONS

(lead author is presenting author)

- |                                       |  |
|---------------------------------------|--|
| Dec 12-16, 2016<br>Olympic Valley, CA | • Provencher MT, McNeil JW, Beaulieu-Jones BR, Bernhardson AS, LeClere LE, Dewing CB, <b>Lynch JR,</b> Sanchez G, Gross D. Classification and analysis of attritional glenoid bone loss in recurrent anterior shoulder instability. <b>Presentation:</b> Society of Military Orthopaedic Surgeons 58th Annual Meeting.             |
| April 14-16, 2016<br>Boston, MA       | • McDonald LS, Waltz RA, Carney JR, Dewing CB, <b>Lynch JR,</b> Asher DB, Schuett DJ, LeClere LE. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posteriolateral corner knee injuries. <b>Presentation:</b> Arthroscopy Association of North America 35 <sup>th</sup> Annual Meeting.         |
| April 14-16, 2016<br>Boston, MA       | • Provencher MT, McNeil JW, Beaulieu-Jones BR, Bernhardson AS, LeClere LE, Dewing CB, <b>Lynch JR,</b> Sanchez G, Gross D. Classification and analysis of attritional glenoid bone loss in recurrent anterior shoulder instability. <b>Presentation:</b> Arthroscopy Association of North America 35 <sup>th</sup> Annual Meeting. |
| June 24-27, 2015<br>Providence, RI    | • McDonald LS, Waltz RA, Carney JR, Dewing CB, <b>Lynch JR,</b> Asher DB, Schuett DJ, LeClere LE. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posteriolateral corner knee injuries. <b>Poster Presentation:</b> 128 <sup>th</sup> Annual Meeting, American Orthopaedic Association.        |

## PEER-REVIEWED PRESENTATIONS

(continued)

- April 15, 2015  
San Diego, CA • McDonald LS, Waltz RA, Carney JR, Dewing CB, **Lynch JR**, Asher DB, Schuett DJ, LeClere LE. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posteriolateral corner knee injuries. **Presentation:** Navy Medicine West Academic Research Competition.
  
- Dec 15-19, 2014  
Scottsdale, Arizona • McDonald L, Waltz R, Carney, J, LeClere L, Dewing CB, **Lynch JR**, Asher D, Schuett D. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posterior lateral corner injuries **Podium Presentation:** 56<sup>th</sup> Annual Meeting, Society of Military Orthopedic Surgeons.
  
- July 10-13, 2014  
Seattle, Washington • Provencher MT, McNeil JW, Bernhardson A, LeClere L, Dewing CB, **Lynch JR**, Gaston T. Classifying glenoid bone loss: Severity and attrition. Is there enough bone to reconstruct the glenoid? **Podium Presentation:** 2014 Annual Meeting, The American Orthopaedic Society for Sports Medicine.
  
- May 1-3, 2014  
Hollywood, Florida • McNeil JW, Bernhardson A, LeClere L, Dewing CB, **Lynch JR**, Golijanin P, Gross D, Provencher MT. Comprehensive classification of glenoid bone loss and analysis of risk factors based on type of attritional bone loss. **Poster Presentation:** 2014 Annual Meeting, Arthroscopy Association of North America.
  
- Dec 13-17, 2013  
Vail, Colorado • McNeil JW, Bernhardson A, LeClere L, Dewing CB, **Lynch JR**, Golijanin P, Gross D, Provencher MT. Classification of attritional glenoid bone loss: Is there enough bone to reconstruct the glenoid? **Podium Presentation:** 55<sup>th</sup> Annual Meeting, Society of Military Orthopedic Surgeons.
  
- June 5-8, 2010  
San Diego, CA • **Lynch JR**, Zlomislic V, Clinton JM, Huber P, Warme WJ, Matsen FA. Arm position impacts suture tension in subscapularis repair: A biomechanical analysis. **Poster Presentation:** 123<sup>rd</sup> Annual Meeting, American Orthopaedic Association.
  
- February 25-28, 2009 •  
Las Vegas, NV Scheffel PT, Clinton JM, **Lynch JR**, Warme WJ, Matsen FA. Characteristics of chondrolysis associated with intra-articular pain-pumps after shoulder surgery. **Podium Presentation:** 76<sup>th</sup> Annual Meeting of the American Academy of Orthopaedic Surgeons.

## PEER-REVIEWED PRESENTATIONS

(continued)

- February 25-28, 2009 •  
Las Vegas, NV
- Olson SL, Clinton JM, Working Z, **Lynch JR**, Marong S, Warne WJ, Matsen FA. Glenoid reaming in shoulder arthroplasty can increase bone temperatures to lethal levels *in vivo*. **Poster Presentation:** 76<sup>th</sup> Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 25-28, 2009 •  
Las Vegas, NV
- Zlomislic V, **Lynch JR**, Clinton JM, Huber P, Warne WJ, Matsen FA. Repair site and arm position impact suture tension in subscapularis repair: A biomechanical analysis. **Poster Presentation:** 76<sup>th</sup> Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 16, 2007 •  
San Diego, CA
- Lynch JR**, Schmale GS, Schaad DC, Leopold SS. Musculoskeletal knowledge and confidence of academic primary care physicians. **Podium Presentation:** Ruth Jackson Orthopaedic Society Annual Meeting held in concert with Annual Meeting of the AAOS. **RJOS Resident Research Award Paper.**
- February 14-18, 2007 •  
San Diego, CA
- Lynch JR**, Taitzman LA, Barei DP, Nork SE. Important patient variables increase odds of femoral diaphyseal nonunion following medullary nailing. **Podium Presentation:** 74<sup>th</sup> Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 14-18, 2007 •  
San Diego, CA
- Lynch JR**, Cunningham MC, Warne WJ, Wolf FM, Leopold SS. Industry-funded and US research more apt to be published; good-quality negative studies are not. **Podium Presentation:** 74<sup>th</sup> Annual Meeting of the American Academy of Orthopaedic Surgeons.
- October 5-7, 2006 •  
Phoenix, AZ
- Taitzman LA, **Lynch JR**, Barei DP, Nork SE. Risk factors associated with femoral nonunion following closed medullary nailing. **Poster Presentation:** Orthopaedic Trauma Association Annual Meeting.
- Sept. 15-18, 2006 •  
Stevenson, WA
- Lynch JR**, Cunningham MC, Warne WJ, Wolf FM, Leopold SS. Industry-funded and US research more apt to be published; good-quality negative studies are not. **Podium Presentation:** 81<sup>st</sup> Annual Meeting, North Pacific Orthopaedic Society. **Frank B. Smith Research Award Paper.**
- June 21-25, 2006 •  
San Antonio, TX
- Lynch JR**, Schmale GA, Schaad DC, Leopold SS. Important demographic variables impact musculoskeletal knowledge and confidence of academic primary care physicians: **Special Emphasis Poster Presentation:** 119<sup>th</sup> Annual Meeting, American Orthopaedic Association.



## PEER-REVIEWED PRESENTATIONS

(continued)

- June 21-25, 2006  
San Antonio, TX • **Lynch JR**, Matsen FA, Clinton JM. Ream and run – Avoiding the risks of polyethylene in shoulder arthroplasty: **Poster Presentation**: 119<sup>th</sup> Annual Meeting, American Orthopaedic Association.
- March 22-26, 2006  
Chicago, IL • **Lynch JR**, Franta A, Montgomery WH, Lenters TR, Matsen FA. Functional recovery following humeral hemiarthroplasty with non-prosthetic glenoid arthroplasty. **Podium Presentation**: 73<sup>rd</sup> Annual Meeting of the American Academy of Orthopaedic Surgeons
- Sept. 15-18, 2005  
Spokane, WA • **Lynch JR**, Schmale GA, Schaad DC, Leopold SS. Musculoskeletal competence of primary care physicians: **Podium Presentation**: 80<sup>th</sup> Annual Meeting, North Pacific Orthopaedic Society. **Frank B. Smith Resident Research Award Paper**.
- Sept. 16-17, 2005  
Seattle, WA • **Lynch JR**, Parsons RR, Gardner GC. Musculoskeletal workload vs. musculoskeletal clinical confidence among primary care Physicians: **Podium Presentation**: 16<sup>th</sup> Annual Meeting, Orthopaedic Rehabilitation Association. **Vernon Nickle Award Paper**.
- August 14-17, 2003  
Seattle, WA • **Lynch JR**, Parsons RR, Gardner GC. The prevalence of musculoskeletal problems in rural practice and relative confidence of primary care physicians: **Podium Presentation**: 78<sup>th</sup> Annual Meeting, North Pacific Orthopaedic Society. **Frank B. Smith Resident Research Award Paper**.
- August 22-25, 2002  
Portland, OR • Reid JB, **Lynch JR**, Colville MR, Motamedi AR. Injury pattern in skiers and snowboarders – A retrospective review from a large northwestern ski resort: **Podium Presentation**: 77<sup>th</sup> Annual Meeting, North Pacific Orthopaedic Society.
- Sept. 14-17, 2000  
Blaine, WA • Reid J, Brenneke S, Herzberg A, **Lynch J**. Biomechanical evaluation of anatomic bankart repair. **Podium Presentation**: 75<sup>th</sup> Annual Meeting, North Pacific Orthopaedic Society.
- February 9-12, 2000  
Carmel, CA • Freiss M, **Lynch JR**, Altenburg AJ, Jackman TE, Tatsumi R, Gulati R, Fiamengo S. Residual paralysis in the post-anesthesia care unit in patients receiving neuromuscular blocking agents intraoperatively. **Podium Presentation**: American Federation of Medical Research, Western Medical Research Forum, Carmel, California.

## PEER-REVIEWED PRESENTATIONS

*(continued)*

- May 6-7, 1998  
Cambridge, MA
- **Lynch JR**, Hulina S, Maguire JH. A prospective and spatial study of cutaneous leishmaniasis in northeastern Brazil (Baturite, Ceara State). **Podium Presentation:** Committee on degrees in Environmental Science & Public Policy, Harvard College and Harvard University School of Public Health.

## INVITED LECTURES

- April 20, 2018  
Boise, ID
- “Shoulder Pain: A simplified approach to a common problem. Saint Alphonsus Spring Education Symposium.
- October 27, 2016  
Boise, ID
- “Shoulder Instability: Diagnosis and management.” Idaho Industrial Commission’s Annual Worker’s Compensation Seminar.
- September 9, 2016  
Meridian, ID
- “Rotator Cuff Tears – Acute, chronic, and somewhere in between.” As part of a symposium hosted by Intermountain Physical Therapy: Rotator Cuff Tears: Perspectives from surgery to rehabilitation.
- April 6, 2016  
San Diego, CA
- “Shoulder arthroplasty – Anatomic and Reverse.” Anatomic lab and demonstration. Resident bioskills lectures series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Hannah Kirby MD. Staff: Joseph Lynch, MD.
- February 18, 2016  
San Diego, CA
- “Shoulder Instability II: Bone loss, revision and posterior instability.” San Diego Arthroscopy & Sports Medicine Fellowship. Scripps Clinic Carmel Valley, San Diego CA
- February 11, 2016  
San Diego, CA
- “Shoulder Instability I: The basics.” San Diego Arthroscopy & Sports Medicine Fellowship. Scripps Clinic Carmel Valley, San Diego CA
- December 16, 2015  
San Diego, CA
- “Basic shoulder arthroscopy – Anatomic lab and demonstration” Resident bioskills Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrissey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD.

## INVITED LECTURES

*(continued)*

- December 2, 2015  
San Diego, CA

  - “Basic knee arthroscopy – Anatomic lab and demonstration”  
Resident Bioskills Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrissey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD
  
- October 21, 2015  
San Diego, CA

  - “Shoulder anatomy – cadaveric dissection and surgical approaches”  
Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrissey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD.
  
- October 14, 2015  
San Diego CA

  - “Elbow & brachium – cadaveric dissection and surgical approaches”  
Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrissey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD.
  
- October 7, 2015  
San Diego CA

  - “Total and reverse shoulder arthroplasty”  
A cadaveric bioskills session in conjunction with 2015 British Orthopaedic Association Ram Kumar Chatterjee Travelling Fellow. Naval Medical Center San Diego. Visting Fellow: Jeremy Granville-Chapman, MBBS, MD, FRCS (Tr&Ortho), NMCS D Staff: Lucas McDonald, MD & Joseph Lynch, MD.
  
- August 28, 2015  
San Diego, CA

  - “Physical examination of the shoulder.”  
Visting Medical Student Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.
  
- July 31, 2015  
San Diego, CA

  - “Physical examination of the shoulder.”  
Visting Medical Student Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.
  
- May 13, 2015  
San Diego, CA

  - “Shoulder Arthritis: A case-based presentation.”  
Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Nick Lopreiato, MD. Staff: Joseph Lynch, MD.
  
- March 4, 2015  
San Diego, CA

  - “Shoulder Instability: A case based approach.”  
Department of Orthopaedic Surgery, Naval Medical Center San Diego & UCSD Department of Orthopedics – Core curriculum lecture series.
  
- February 19, 2015  
San Diego, CA

  - “Shoulder Instability II: Bone loss, revision and posterior instability.”  
San Diego Arthroscopy & Sports Medicine Fellowship.  
Scripps Clinic Carmel Valley, San Diego CA

## INVITED LECTURES

*(continued)*

- February 18, 2015  
San Diego, CA • “The Throwing athlete”  
Department of Orthopaedic Surgery, Naval Medical Center San Diego & UCSD Department of Orthopedics – Core curriculum lecture series.
- February 11, 2015  
San Diego, CA • “Shoulder Instability I: The basics.”  
San Diego Arthroscopy & Sports Medicine Fellowship.  
Scripps Clinic Carmel Valley, San Diego CA
- December 10, 2014  
San Diego CA • “Basic Shoulder Arthroscopy – Anatomic lab and demonstration”  
Resident Bioskills Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Ryan Ponton, MD. Staff: Joseph Lynch, MD.
- October 8, 2014  
San Diego CA • “Elbow & brachium – cadaveric dissection and surgical approaches”  
Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Andrew Bernhardson, MD & Paul Stickels, MD. Staff: Joseph Lynch, MD.
- May 21, 2014  
San Diego, CA • “Rotator cuff injuries – a case-based presentation”  
Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Dustin Schuett, MD. Staff: Lance LeClere, MD & Joseph Lynch, MD.
- February 27, 2014 • “Shoulder Instability II: Bone deficits & revision surgery.”  
San Diego Arthroscopy & Sports Medicine Fellowship.  
Scripps Clinic Carmel Valley, San Diego CA
- October 16, 2013  
San Diego CA • “Elbow & brachium – cadaveric dissection and surgical approaches”  
Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- October 9, 2013  
San Diego, CA • “Shoulder anatomy – cadaveric dissection and surgical approaches”  
Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- August 2, 2013  
San Diego, CA • “How to examine the shoulder”  
Visiting Medical Student Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- July 26, 2013  
Portland, OR • “Shoulder Pain – History and physical examination”  
Objective Medical Assessments Corp. Regional Lecture

## INVITED LECTURES

*(continued)*

- May 29, 2013  
San Diego, CA  
“The Throwing athlete”  
Department of Orthopaedic Surgery, Naval Medical Center San Diego & UCSD Department of Orthopedics – Core curriculum lecture series.
- May 29, 2013  
San Diego, CA  
“Clavicle, AC and SC injuries – a case-based presentation”  
Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Gregory Staeheli, MD. Staff: Joseph Lynch, MD.
- May 15, 2013  
San Diego, CA  
“Shoulder Instability – a case-based presentation”  
Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Joanne Elston, MD. Staff: Joseph Lynch, MD.
- May 15, 2012  
San Diego, CA  
“Shoulder Pain – Part 2, the physical examination.”  
Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- May 8, 2012  
San Diego, CA  
“Shoulder Pain – Part 1, the history and patient selection.”  
Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- April 25, 2012  
San Diego, CA  
“Evaluation of the painful shoulder.”  
Internal Medicine Residency Program, Naval Medical Center San Diego.
- April 12, 2010  
Wilsonville, OR  
“Elbow Injuries.”  
Oregon Workers Compensation Claims Association Spring Seminar.
- Nov 18, 2010  
Silverdale, WA  
“Shoulder and elbow problems in athletes.”  
Central Kitsap High School.
- Nov 5, 2010  
Portland, OR  
“Work related injuries of the elbow.”  
Sedgwick CMS.
- Oct 8, 2010  
Bremerton, WA  
“Cast and splint application to the upper and lower extremities.”  
Family Practice Residency Program. Naval Hospital Bremerton.
- Jan 21, 2010  
Bremerton, WA  
“Ankle injuries: Evaluation and management.”  
Family Practice Residency Program. Naval Hospital Bremerton.

## INVITED LECTURES

(continued)

- Nov 19, 2009  
Silverdale, WA • “Common sports medicine procedures in a military practice”  
Central Kitsap High School.
- Oct 21, 2009  
Bremerton, WA • “Infection and orthopaedic implants.”  
Faculty/Provider Meeting, Naval Hospital Bremerton.
- Oct 8, 2009  
Bremerton, WA • “Common problems of the shoulder: Evaluation and management.”  
Family Practice Residency Program. Naval Hospital Bremerton.
- Nov 20, 2008  
Silverdale, WA • “Sports medicine and the orthopaedic surgeon”  
Central Kitsap High School.
- Oct 22, 2008  
Bremerton, WA • “Physical examination of the shoulder.”  
Family Practice Residency Program. Naval Hospital Bremerton.
- March 7, 2007  
Seattle, WA • “Medial collateral ligament injury in the overhead throwing athlete.”  
Grand Rounds, Dept. Orthopaedics, University of Washington.
- Nov, 2006  
Seattle, WA • “Femoral nonunion: Risk factors and treatment options.”  
Grand Rounds, Dept. Orthopaedics, University of Washington.

## COMMUNITY & VOLUNTEER EXPERIENCE

- 2018 – 2019 • **American Shoulder and Elbow Surgeons mentorship program:**  
*Mentor:* To serve as a mentor to American Shoulder and Elbow Surgeon candidate member, Dr. Brendan Patterson (Assistant Professor, University of Iowa) Department of Orthopedics to furnish leadership, foster advances and enhance the study of shoulder and elbow surgery. Goals to promote education, practice management, academic advancement, research society interaction and advancement within ASES.
- 1998 – 2015  
San Diego, CA • **Harvard University Student Admissions: Regional Interview Representative.** Conduct regional prospective-student admission interviews and provide written letters of recommendation to Harvard College Student Admissions Committee.

## COMMUNITY & VOLUNTEER EXPERIENCE

(continued)

- December, 2012  
Landstuhl, Germany • **United Service Organization: Volunteer**  
Volunteer at Landstuhl Regional Medical Center Wounded Warrior USO center, a private, nonprofit, non-partisan organization whose mission is to support the troops by providing morale, welfare and recreation services.
- 2009 – 2012  
Seattle, WA • **University of Washington School of Medicine: Affiliate Instructor.**  
Volunteer physician and clinical faculty within the Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine. Participating in continued academic research and resident education.
- 2000 – 2002  
Portland, OR • **Military Medical Student Association: Chapter Founder & President.** Founded OHSU MMSA Chapter. Developed to further military support and cohesion among students, residents, and faculty at Oregon Health Sciences University School of Medicine.
- 1998 – 2002  
Portland, OR • **United States Navy Recruiting District, Portland: ROTC/HPSP Advisor.** Advisor for Health Professions Scholarship Program and local ROTC battalions (University of Portland, University of Idaho, Oregon State University).
- Spring, 2000  
Portland, OR • **Department of Biology, Jesuit High School: Visiting Lecturer.**  
Provided a series of lectures to Jesuit's biology classes on the fundamentals of gross anatomy, neuroanatomy, and human physiology.
- Winter, 1998  
Portland, OR • **Jesuit High School Student Ministry: Senior Leader.** Assistant leader for the Junior Encounter – a retreat program helping students explore their relationships with friends, family and God through reflection, group discussion, and prayer. St Benedict's Lodge, OR.
- 1998 – 2001  
Portland, OR • **Athletic Department, Portland State University: Volunteer.**  
Assisted team physicians during home events (men's wrestling and women's basketball).

## COMMUNITY & VOLUNTEER EXPERIENCE

(continued)

- Summer, 1997  
Portland, OR
- **Harvard Club of Oregon Community Service Fellow:** *Community Service Fellow.* Selected as a community service fellow by the Bureau of Study Counsel and the Harvard Club of Oregon. Assisted a grass roots organization (Oregon Fair Share) supporting efficiency and equality throughout Oregon's public education system. Coordinated political leadership, business management, school administrators, parents and students.

## WORK EXPERIENCE

### THE SHOULDER CLINIC OF IDAHO

- 2016 – Present
- **Orthopedic Surgeon**
    - Partner
    - Board-certified, fellowship-trained shoulder & elbow surgeon
    - Affiliate Faculty, Idaho State University, Pocatello, Idaho

### UNITED STATES NAVY

- 1994 – 2016
- **Commander (O-5), Medical Corps, USN**

**Awards/Ribbons:**

    - 2013 - 2014 Resident Teacher of the Year Award
    - Navy and Marine Corps Commendation Medal
    - Navy and Marine Corps Commendation Medal, gold star in lieu of second award.
    - Army Commendation Medal
    - National Defense Medal
    - Global War on Terrorism Service Medal
    - Sea Service Deployment Ribbon
    - Expert M9 Medal
    - Marksman M16 Ribbon
- 2011 – 2016  
San Diego, CA
- **Department of Orthopaedics, Naval Medical Center San Diego**
    - Staff physician



## WORK EXPERIENCE

(continued)

### UNITED STATES NAVY

2013 – 2016  
San Diego, CA

- **Director, Division of Sports Medicine & Shoulder Surgery**
  - Lead three fellowship-trained sports medicine surgeons, one registered nurse, two physician assistants, three active duty corpsman, and one civilian medical assistant.
  - Most clinically and surgically productive division within the department
  - Individually, most surgically productive member of the department (2011-2012 & 2013-2014)
  - Mentor 20-25 orthopedic surgical resident physicians and visiting medical students each year regarding complex sports, shoulder and elbow conditions for ACGME accredited orthopedic residency program.
  - Chairman 2012 NMCS/UCSD Resident Research Symposium
  - Board Member (DSS), Patient Relations Advisory Board.
  - Assistant Team physician to BUD/S & Navy Special Warfare Group 1: SEAL Teams 1, 3, 5, 7 and 17.

2009 – 2016  
San Diego, CA

- **Academic Appointments:**
  - Associate Professor of Surgery, Uniformed Services University of the Health Sciences (2016 – 2018)
  - Assistant Professor of Surgery, Uniformed Services University of the Health Sciences (2011 – 2015)
  - Voluntary Assistant Clinical Professor, Department of Orthopedics, University of California San Diego (2014 – 2016)
  - Affiliate Instructor, Dept. of Orthopaedics, University of Washington School of Medicine

2012 – 2013  
Landstuhl, Germany

- **Navy Expeditionary Medical Unit – 13, Individual Augmentee:**
  - Volunteer unaccompanied deployment August 2012 – March 2013 in support of Operation Enduring Freedom (OEF)
  - Assigned to Landstuhl Regional Medical Center (Level 1 Trauma Center).
  - **Primary role:** Provide primary orthopedic trauma care and casualty reception for strategic evacuation between CENTCOM and CONUS for both inpatient and outpatient requirements to all medevacs from Afghanistan, Horn of Africa and Libya.

## WORK EXPERIENCE

(continued)

### UNITED STATES NAVY

2012 – 2013  
Landstuhl, Germany

- **Navy Expeditionary Medical Unit – 13, Individual Augmentee:**
  - **Secondary role:** Mentor 8 orthopedic surgeons and prevent active duty, dependents and civilian beneficiaries from transfer to CONUS for further surgical and non-surgical management concerning complex and/or revision shoulder and elbow conditions.
  - Initiated ongoing process improvement project for the department of orthopedics and CMS focusing on efficient use and distribution of appropriate implant and consumable devices.
  - Coordinated in-service dry lab training session for all surgeons in the department, teaching basic skills of arthroscopic care of the shoulder.

2008 – 2011  
Bremerton, WA

- **Department of Orthopaedics, Naval Hospital Bremerton**
  - Staff surgeon with subspecialty interest in shoulder & elbow
  - Mentor 4 staff orthopedic surgeons regarding complex shoulder and elbow conditions
  - Recognized for excellence as resident educator for the Family Practice Residency Program

#### **Collateral Duties:**

- Chairman, Medical Records Committee
- Surgical Services Representative to ECOMS
- Quality Assurance Officer, Department of Orthopaedics

#### **Academic Appointment:**

- Orthopaedic GME Coordinator, Family Practice Residency Program, Naval Hospital Bremerton
- Affiliate Instructor, Dept. of Orthopaedics, University of Washington School of Medicine

2007 – 2008  
Seattle, WA

- **Navy Active Duty Delay for Specialists Program (NADDS):** Fellow, Division of Shoulder & Elbow Surgery, Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine.

## **WORK EXPERIENCE**

(continued)

### **UNITED STATES NAVY**

- 2002 – 2007  
Seattle, WA
  - **Navy Active Duty Delay for Specialists Program (NADDS):** Resident, Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine.
- Fall, 2001  
Bethesda, MD
  - **Medical Annual Training:** Department of Orthopaedics (Adult Reconstruction.), National Naval Medical Center. Mentor: Christian Christensen, MD, LCDR, USNR.
- Spring, 2001  
San Diego, CA
  - **Medical Annual Training:** Department of Orthopaedics (Pediatric Orthopaedics), Naval Medical Center San Diego. Mentor: Bruce Gillingham, MD, CDR, MC, USN.
- Summer, 1997  
Lemoore, CA
  - **Aviation Annual Training:** VFA 115 (F/A-18 squadron).
- Summer, 1996  
Japan, Hong Kong,  
Singapore
  - **Surface Warfare Annual Training:** USS Arkansas (CGN-41).
- Summer, 1995  
San Diego, CA
  - **CORTRAMID:** Naval and Marine Corps Indoctrination.
- August, 1994  
Newport, RI
  - **Officer Indoctrination School.**

### **DEPARTMENT OF ORTHOPAEDICS, UNIV. OF WASHINGTON**

- 2007 – 2008  
Seattle, WA
  - **Acting Instructor**
  - Staff physician and faculty within the Department of Orthopaedics & Sports Medicine. Full-time clinical and surgical practice performed in conjunction with fellowship in shoulder and elbow surgery.

## **WORK EXPERIENCE**

(continued)

### **DEPARTMENT OF ANATOMY, OREGON HEALTH SCI. UNIV.**

Summer, 2000  
Portland, OR

- **Lab Assistant**
- Assisted preparation for Gross Anatomy, Imaging, and Embryology course, Medical School Curriculum Year I, Oregon Health Sciences University. Focus on Upper Extremity, Back, Head & Neck.

### **ATHLETIC DEPARTMENT, JESUIT HIGH SCHOOL**

1997 – 1999  
Portland, OR

- **Assistant Coach**
- Coached defensive backs and wide receivers, varsity and junior varsity. Full-time, paid, assistance coach during the 1997, 1998 & 1999 summers. Volunteer coach Thursday and Friday evenings during years 1998 & 1999.

### **NATIONAL SECURITY PROGRAM, HARVARD UNIVERSITY**

1995 – 1998  
Cambridge, MA

- **Research Assistant**
- Assisted upper echelon military fellows and staff of the National Security Program, John F. Kennedy School of Government, Harvard University.

### **DEPARTMENT OF BIOLOGY, HARVARD UNIVERSITY**

1997 – 1998  
Cambridge, MA

- **Teaching Fellow**
- Organized laboratory presentations and demonstrations for students of Harvard's Organism and Evolutionary Biology Course (Biological Sciences 2).

## WORK EXPERIENCE

(continued)

### BUREAU OF STUDY COUNSEL, HARVARD UNIVERSITY

1996 – 1998  
Cambridge, MA

- **Award Peer Tutor**
- Nominated by faculty of Harvard's Economics, Biology, Physics Departments. Subsequently selected by the Bureau of Study Counsel for tutoring in Physics, Multivariate Calculus, Economics, Inorganic Chemistry, Organic Chemistry, and Spanish

## PROFESSIONAL SOCIETIES

- **Current Memberships:**
  - American Academy of Orthopaedic Surgeons
  - American Association of Orthopaedic Surgeons
  - American Orthopedic Association
  - American Shoulder and Elbow Surgeons
  - American Orthopaedic Society for Sports Medicine
  - Alpha Omega Alpha Honor Medical Society
  - Harvard Varsity Club
  - Ada County Medical Society
  - Idaho Medical Association
  - Idaho Orthopedic Association
  - Independent Doctors of Idaho
  - Independent Practitioners of Idaho